

Mast Cell Activation Syndrome (MCAS) is part of a spectrum of mast cell disorders characterised by abnormal mast cell activation and mediator release, without evidence of clonal mast cell proliferation.

MCAS affects both children and adults and may present at any age. Symptoms are often long-standing but under-recognised, there may be mild or intermittent symptoms from childhood which escalate in adulthood, or symptoms may be severe from birth. Sometimes a clear precipitating event precedes escalation of symptoms, including infection, surgery, stress, hormonal changes. **The condition is frequently characterised by unpredictable, relapsing-remitting symptoms involving multiple organ systems.**

